

מסכת
 יומא
 דף פא

DAF YOMI⁴ Kids Inside the Daf

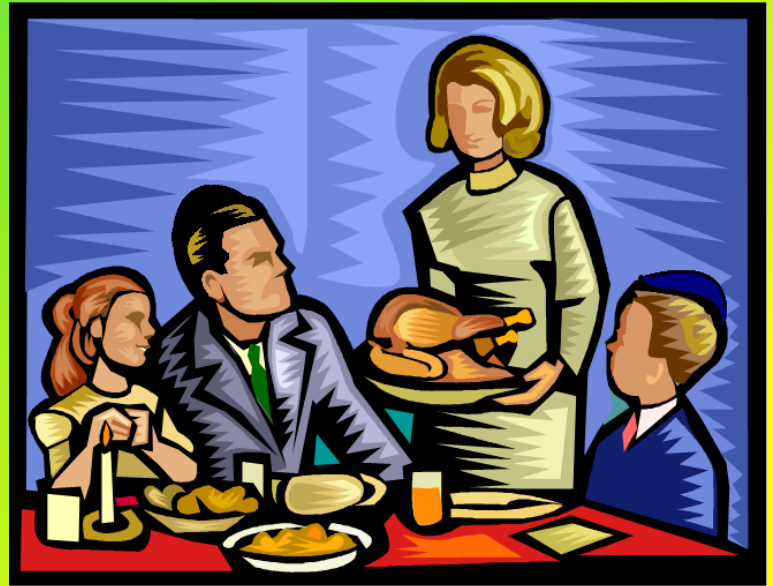
When the Torah tells us to "afflict" ourselves on יום כפור, it says:

"...וְעָנִיתֶם אֶת נַפְשֵׁיכֶם בַּתְּשֻׁעָה לַחֹדֶשׁ בְּעָרֵב מֵעָרֵב עַד עָרֵב..."

"...and you shall afflict yourselves on the **ninth of the month** in the evening, from evening until evening ..." (Lev. 23:32 ויקרא כג, לב)

We celebrate יום כפור on the 10th of the month of תשרי, but the פסוק (verse) quoted above seems to be saying that we have to start "afflicting" ourselves on the 9th of the month!

The גמרא explains that we have to start fasting on the 9th day of תשרי "toward evening." This is called "תוספת יום" or, "additional Yom Kippur" and also means we add a little extra time to the end of יום כפור, too.



תנ"ך says that the פסוק above means that on the ninth of תשרי we have to *prepare* for the fast the next day by eating and drinking. The Torah is telling that if we eat on the ninth it is as if we are "afflicting" ourselves on that day as well. So if you eat on the ninth and fast on the tenth... the Torah considers it like you have fasted for two days in a row!

A מְדוּת Moment

Michael was in a rotten mood. All morning he was rude to his teachers, parents and friends. At recess his teacher, Rabbi Perlstein, went over to speak to him.

"Michael, have you eaten breakfast today?"

"No," said Michael. "How did you know?"

"When we eat properly our behavior towards others improves. That's why we were given the מִצְוָה to eat and drink on the day before יום כפור, so we will be happy and well-behaved with one another."

"I guess I should be more careful to eat properly," admitted Michael.

"That's right," said the rabbi. "When you don't eat properly you're not the only one who suffers!"

WORD OF THE DAY:
 חַיִּיב
 "LIABLE (DESERVING OF A PENALTY)"

(עץ יוסף בשם השפ"א)

Inedible Foods

When is eating not like eating? When you are eating something inedible.

The גמרא brings some examples of foods you would not be punished for eating on יום כפור. The reason? These foods are inedible and do not put one's mind at ease when eating them.

רבי gives the examples of pepper berries and raw ginger as foods that are not normally eaten and which do not put one's mind at ease. Someone who eats them on יום כפור would not receive the early death punishment usually given to one who eats on the holy day.

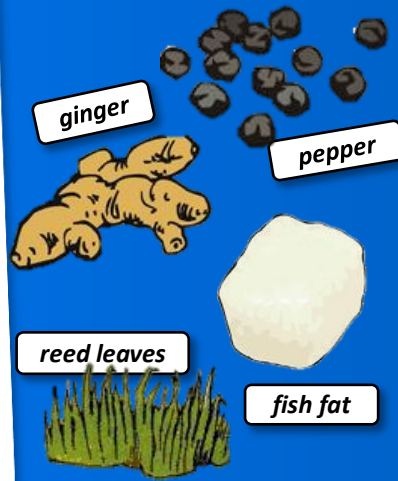
A משנה teaches that one is not punished for eating leaves of reeds on יום כפור and a משנה teaches the same rule for fish brine and fish fats.

Don't think that this means you may eat these things on יום כפור; the גמרא just means one is not *punished* for eating them! (See "Did You Know")



Did You Know...

One year the people of גידל's town drank watered-down vinegar on יום כפור. רב גידל became upset with them for a few reasons: 1) One is not *allowed* to eat or drink inedible foods on יום כפור. The rule is just that one is not *punished* for doing so; 2) One would be punished for drinking *watered-down* vinegar.



יומא דף פ"א – Review Questions

1. What do we call the time we add to the beginning and end of יום כפור? (3 words)

2. Give an example of a food you would not be punished for eating on יום כפור.

3. What caused רב גידל to become upset with the people of his town?

Games

מ	כ	כ	ר	ל	ר	מ	ח	ע	ק	ב	ד	י	ז	ק	ו	ד
ג	מ	ר	א	ס	ש	ב	ד	ח	ע	צ	ה	י	ז	ב	ל	ע
א	ס	מ	מ	ב	ב	ר	ח	צ	ס	ט	ז	ג	ק	י	נ	ש
ס	פ	ס	י	מ	נ	י	ה	נ	צ	ל	ח	ט	מ	ו	ד	י
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ת	ס	ץ	ת	ד	מ	ת	ח	ק	ש	ע	פ	כ	מ	י	ץ	ס
ץ	ט	ה	א	נ	ח	א	צ	ח	ר	ס	פ	ף	ט	ב	ק	ו
צ	ס	ק	ש	י	ע	ץ	ד	ת	י	ו	ל	ט	ס	ד	ע	ט
ע	ב	ש	י	פ	ב	ס	ס	ש	ר	ע	נ	ו	ג	ז	ת	ב
ק	כ	ב	ד	צ	ב	ש	ף	ע	צ	י	ס	ד	ג	ס	ה	ק
ת	ו	ס	פ	ת	י	ו	ס	ה	כ	פ	ו	ר	י	ס	ט	ו
ס	כ	ר	ע	ל	ז	ו	ע	ף	ד	ט	מ	פ	ה	ל	ח	ה

FIND:

- יום כפור
- חייב
- ברייתא
- משנה
- גמרא
- תשרי
- תשעה
- תוספת יום הכפורים
- ועניתם