

# Inside the Daf

In the Torah we have concepts of טְהֲרָה (purity) and טוּמָאָה (impurity).

There are different ways for someone to become אָמָא (impure) but a common way is by coming into contact with a dead body. If such a person touches another object or person, it can become אָמָא.

In the days of the מְשָׁנָה there were different types of holy food which we no longer eat, and holy objects which we no longer use, that the Sages tried to safeguard from becoming שָׁמֵא (impure).

The basic rule is, the holier the object or food, the more one must "purify" himself before touching it.

The simplest way of purifying is to wash one's



hands with a quarter of a לוג of water (about 3 fl.oz. or 86 mL). This type of purification is good enough before touching holy foods like הרומה (food separated and given to a תְרוּמָה) but isn't good enough for holier foods like meat from sacrifices. Before eating such meat, one must immerse one's hands in a מְקָוֶה (ritual bath).

See the side of this page for the rules of how to purify one's self

before eating or touching different holy objects.

### Regular Food – הוּלִין



This is ordinary food (bread) which anyone may eat. Before eating this food, we must wash our hands.

#### ַ מַעֵשֵׂר שֵׁנִי – Second Tithe



Food separated from one's crops and taken to Jerusalem to be eaten. Before eating this food, we must wash our hands.

### קּרוּמָה – Tithe



Food one separates from one's crops and given to a כֹהן. Before *touching* this food, one must wash one's hand.

### diy Food – קוֹדֶשׁ



This is meat from sacrifices. Before one eats this meat, one must *immerse* one's hands in a מקוַה (ritual bath)

#### בי חַפָּאת – Ash Water

WORD OF THE DAY:

"HOW MUCH?"

This is water mixed with the ashes of a red heifer. Before one touches this mixture, one must immerse one's *entire body* in a מִקְוָה (ritual bath)

## DAF YOMI 4 KIDS



# Training of the and Work

The days in between the first and last days of the Festivals of סוכּוֹת and פָּסַח are called חול (lit. The Weekday of the Festival).

חול הַמוֹעֵד is not as sacred a time as the first and last days which are a full יום טוב (Festival) when work is not allowed. Still, there are types of work that are not allowed on חול הַמוֹעָד. What is the source for this?

פָּסוּק says, the source is from the פָּסוּק (verse) פָּסוּק "You shall guard the Festival of unleavened bread for seven days," (שמות כג,טו, Ex.

23,15). Whenever the Torah tells us to "guard" something, it means we should not do something, in this case, work. So it comes out that the Torah is telling us not to work for all seven days of the Festival, a timeframe that includes חוֹל הַמוֹעֵד.

### A מדות Moment

Every now and then it happened. The younger boys in the cafeteria would get into a food fight.

When the principal walked in on one this time, he took the opportunity to teach the boys a lesson based on the *daf yomi*.

"We are commanded to be holy and more refined than other people. That's one of the reasons we are commanded to wash our hands before eating bread. If we must wash our hands before eating bread in order to be refined...we certainly shouldn't be throwing food around!"

(ברכות נג: based on)



## Did You Know...

Another name for the Festival of אַבוּעוֹת (Festival of Weeks), "אַצֶּרֶת", or "stopping." We "stop" doing work on this day.

## Games

### Review Questions – חֲגִיגָה דַּף י"ח

Make as many words from the *daf* as you can using these letters. What other words can you make from the letters?





### 1. Give an example of a food for which we must wash our hands before eating.

2. What does "to guard" mean in the Torah?

3. What is another name for שָׁבוּעוֹת?